



### SENIOR FEMENINO

Pos.Cat.	P.Gen.	Dorsal	Tiempo	M./Km	Nombre	Equipo / Club
1	46	40	00:53:29	5:20	, Rita	
2	51	31	00:55:32	5:33	, Francisca Albergaria	
3	55	29	00:55:58	5:35	, Cláudia Isabel Paulo Semi	
4	60	36	01:01:06	6:06	, Ângela Marisa Caleiro Vai	

### SENIOR MASCULINO

Pos.Cat.	P.Gen.	Dorsal	Tiempo	M./Km	Nombre	Equipo / Club
1	3	76	00:34:59	3:29	, Admilton Borges	
2	10	20	00:39:44	3:58	, Daniel zeferino	
3	11	47	00:39:45	3:58	, Carlos Diogo Figueira	
4	34	49	00:49:11	4:55	, Eduardo Costa	
5	42	23	00:51:41	5:10	, Nelson Filipe da Conceição	
6	43	85	00:52:34	5:15	, TIAGO SILVA	
7	48	10	00:54:47	5:28	, Mykola Solovka	
8	49	48	00:55:29	5:32	, Carlos Nunes	
9	50	30	00:55:31	5:33	, André Duarte	

### VETERANO FEMENINO

Pos.Cat.	P.Gen.	Dorsal	Tiempo	M./Km	Nombre	Equipo / Club
1	16	7	00:42:05	4:12	, Monica Torres	
2	23	43	00:44:48	4:28	, Marta Santana	
3	30	63	00:48:22	4:50	, Sandra Bailote	AABV-Lagoa-Algarve
4	41	27	00:51:13	5:07	, Maria de Deus Medeiros	
5	45	34	00:53:28	5:20	, Cláudia Matias	
6	52	60	00:55:51	5:35	, Paula Pacheco	AABV-Lagoa-Algarve
7	57	66	00:56:47	5:40	, De Olinda Lopes	AABV-Lagoa-Algarve
8	59	68	01:00:31	6:03	, Rachel Bowker	under 40's
9	61	35	01:01:07	6:06	, Teresa Oliveira	
10	62	53	01:01:35	6:09	, Odete Azevedo	
11	64	45	01:02:57	6:17	, Telma Filipa Gonzales	
12	65	44	01:02:58	6:17	, Claudine Cabrita	
13	66	55	01:05:02	6:30	, Tânia Baptista	
14	68	1	01:07:35	6:45	, Maira Lurdes Vaz	
15	69	64	01:09:19	6:55	, Maria Emilia Estêvão Fons	AABV-Lagoa-Algarve

### VETERANOS MASCULINO

Pos.Cat.	P.Gen.	Dorsal	Tiempo	M./Km	Nombre	Equipo / Club
1	1	33	00:34:16	3:25	, Manuel María López Melero	
2	2	74	00:34:19	3:25	, Rui Guerreiro	
3	4	75	00:35:20	3:32	, Manuel Rodrigues	
4	5	25	00:35:47	3:34	, Carlos Oliveira	
5	6	58	00:37:41	3:46	, António Silva	

## VETERANOS MASCULINO

Pos.Cat.	P.Gen.	Dorsal	Tiempo	M./Km	Nombre	Equipo / Club
6	7	59	00:37:43	3:46	, Rui	AABV-Lagoa-Algarve
7	8	69	00:39:29	3:56	, Marco Gomes	under 40's
8	9	62	00:39:32	3:57	, David Fernandes	AABV-Lagoa-Algarve
9	12	57	00:39:48	3:58	, Eurico Correia	
10	13	39	00:39:58	3:59	, Nuno Guedes	
11	14	32	00:40:52	4:05	, Carlos Reis	
12	15	42	00:41:16	4:07	, Edgar Palhinha	
13	17	11	00:42:10	4:13	, Bas Meunier	
14	18	70	00:42:15	4:13	, Nelson Lourenço	
15	19	46	00:42:59	4:17	, Abel flores	
16	20	3	00:43:03	4:18	, José Alves	
17	21	15	00:44:16	4:25	, Luís Reis	
18	22	72	00:44:35	4:27	, Pedro Onofre	
19	24	79	00:45:15	4:31	, João Carlos Marques Almei	
20	25	4	00:45:31	4:33	, FERNANDO JORGE RAMOS	
21	26	21	00:45:33	4:33	, Francisco Semião	
22	27	17	00:46:42	4:40	, Ricardo Manuel Pereira Ma	
23	28	82	00:46:55	4:41	, PEDRO FILIPE VICENTE	
24	29	8	00:47:08	4:42	, Artur Piasecki	
25	31	38	00:48:25	4:50	, Marco Santos	
26	32	18	00:48:36	4:51	, PEDRO MIGUEL LOUZEIRO SOA	
27	33	61	00:49:10	4:55	, Antonio Ferreira	AABV-Lagoa-Algarve
28	35	54	00:49:13	4:55	, Nuno Faria	
29	36	41	00:49:14	4:55	, Miguel Ângelo Silva	
30	37	83	00:49:23	4:56	, JOSE ANTONIO MARTINS	
31	38	73	00:49:23	4:56	, Carlos Alberto Mota Mancini	
32	39	56	00:49:45	4:58	, Jorge Machado	
33	40	19	00:51:11	5:07	, Márcio Marreiros	
34	44	71	00:53:20	5:20	, Angus McLean	
35	47	37	00:54:41	5:28	, Carlos Eduardo Pereira Lo	
36	53	51	00:55:54	5:35	, João Domingos	
37	54	28	00:55:57	5:35	, Carlos Bastos Lopes	
38	56	50	00:56:19	5:37	, Francisco	
39	58	52	00:59:56	5:59	, Rui Sergio Vaz Pinto	
40	63	65	01:02:35	6:15	, Alain GUESDON	AABV-Lagoa-Algarve
41	67	80	01:05:10	6:31	, PEDRO LOURENCO	
42	70	14	01:09:24	6:56	, Jose Oscar Padilha	